COVID 19
CORONAVIRUS DISEASE

Health Alert:
Coronavirus Disease 2019 (COVID-19)

You have traveled to a country with an outbreak of COVID-19 and are at higher risk.

COVID-19 is a respiratory illness that can spread from person to person.

Stay Home

Stay home for the next 14 days and monitor your health. Take your temperature with a thermometer two times a day and watch for symptoms.

If you feel sick and have symptoms:

- **Call ahead before you go to a doctor's office or emergency room.**

- **Tell the doctor about your recent travel and your symptoms.**

- **Avoid contact with others.**

- **Do not travel while sick.**

Symptoms

Illnesses have ranged from mild symptoms to severe illness and death. Symptoms may appear 2–14 days after exposure.

Symptoms can include:

 Fever (100.4°F/38°C or higher)

 Cough

 Shortness of breath

Visit the website for more information on monitoring your health and how to contact local public health officials. Visit: www.cdc.gov/COVIDtravel

For information about COVID-19 and how to monitor your health after travel, open your cell phone camera and scan this code:
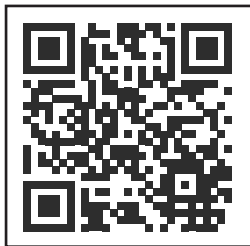
Для получения информации о COVID-19 и о том, как контролировать состояние вашего здоровья после путешествия, включите камеру на вашем мобильном телефоне и отсканируйте этот код:

Pour obtenir des informations relatives à COVID-19 et à la manière de surveiller votre santé après un voyage, ouvrez la caméra de votre téléphone portable et scannez le code suivant :

للحصول على معلومات حول فيروس كورونا المستجد COVID-19 وكيفية مراقبة حالتك الصحية بعد السفر، افتح كاميرا هاتفك الخلوي وامسح هذا الرمز ضوئياً:

新型コロナウイルス感染症（COVID-19）に関する情報、および旅行後の自身の健康状態を観察する方法については、携帯電話のカメラを起動して、このコードをスキャンしてください：

Para obter informações sobre o COVID-19 e como monitorar sua saúde após a viagem, abra a câmera do seu celular e digitalize este código:

코로나바이러스감염증-19(COVID-19) 및 여행 후 건강 상태를 모니터링하는 방법에 대한 정보를 보려면, 휴대폰 카메라로 이 코드를 스캔하십시오:

COVID-19 के बारे में और यात्रा के बाद अपने स्वास्थ्य को मॉनीटर कैसे करें, के बारे में जानकारी के लिए, अपने सेल फोन का कैमरा चालू करें और इस कोड को स्कैन करें:

สำหรับข้อมูลเพิ่มเติมเกี่ยวกับ COVID-19 และวิธีการตรวจเช็คสุขภาพของคุณหลังจากการเดินทาง โปรดเปิดกล้องมือถือของคุณและสแกนรหัสนี้:

Untuk mendapatkan maklumat mengenai COVID-19 dan cara mengawasi kesihatan anda selepas perjalanan, buka kamera telefon bimbit anda dan imbas kod ini:

Para obtener información sobre el COVID-19 y cómo monitorear su salud después de un viaje, abra la cámara de su teléfono y escanee este código:

有关COVID-19 的信息以及如何在旅行后监测您的健康状况，请打开手机摄像头并扫描此二维码：

www.cdc.gov/COVIDTravel