



# Need a Donor? Find a Spare!

**April is National Donate Life Month and 85% of patients waiting for an organ are waiting for a kidney to become available. Kidneys are needed more than any other organ!**

## DID YOU KNOW:

- You and your donor don't have to share the same ethnicity; you don't even have to be related!
- Living donor kidney can last 12-20 years or even longer!
- Some people are willing to donate their kidney to a complete stranger!

Being on dialysis is hard enough, but **ASKING** for a kidney is even harder! Helpful tips on how to ask someone to share their spare include:

- Be confident and comfortable talking about your need with others.
- Share your story with family, friends, neighbors, church members, or local newspapers.
- Share on social media such as Facebook or Twitter. One message or post can reach so many!



**For more helpful tips speak with members of your healthcare team and transplant center!**

