



END STAGE RENAL DISEASE  
NETWORK OF TEXAS

# Get Engaged! It's YOUR Life!



## PATIENT ENGAGEMENT CALENDAR

### Patient Engagement Question #1

Do you make a list of questions to ask your doctor at your next visit?

### JANUARY

**Take part in your care**

It's YOUR Life!

### FEBRUARY

**Plan ahead for emergencies**

Be ready!

### MARCH

**Attend a patient and family group meeting at your facility**

Build your dialysis community!

### Patient Engagement Question #2

Did you attend at least one Plan of Care meeting this year?

### APRIL

**Get to know your Care Team**

They are here for YOU!

### MAY

**Learn about patient responsibilities**

Do your job as a patient!

### JUNE

**Participate in your Plan of Care meetings**

Nothing about me without me!

### Patient Engagement Question #3

Do you know when the next patient and family group meeting is at your facility?

### JULY

**Learn about different dialysis treatments**

Know your options!

### AUGUST

**Cherish your vascular access**

It's your lifeline!

### SEPTEMBER

**Get your immunizations**

Protect your health!

### Patient Engagement Question #4

Do you know who your Facility Patient Representative is?

### OCTOBER

**Know the 6 tips to prevent dialysis infections**

Stay healthy!

### NOVEMBER

**Take care of your emotional health**

What is on your mind?

### DECEMBER

**Plan for end of life**

ALL of us need to share our wishes!

### Did you get your patient engagement handout this month?

If not, ask your facility staff or Facility Patient Representative(s) for more information on this month's topic!

Facility Staff Member: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Facility Patient Representative 1: \_\_\_\_\_

Best Day and Time to Reach FPR: \_\_\_\_\_

Facility Patient Representative 2: \_\_\_\_\_

Best Day and Time to Reach FPR: \_\_\_\_\_